

# PARENTS & FAMILIES WEBINAR SESSIONS

The Florida Diagnostic and Learning Resources System-Multidisciplinary Center (FDLRS-MDC) and Center for Autism and Related Disabilities (CARD) are proud to present two parent sessions for families living in St. Johns County.

Each session has a unique registration link.

## The Anxious Child (for students with disabilities)

1

**Date:** April 28, 2020

**Time:** 11:00am - 1:00pm EST

**Location:** Virtual Webinar (link will be provided at registration)



### REGISTER FOR THIS SESSION:

[https://UFHJax.zoom.us/webinar/register/WN\\_1RGYS56mS1GdrBuFOxHtSA](https://UFHJax.zoom.us/webinar/register/WN_1RGYS56mS1GdrBuFOxHtSA)

This presentation will provide attendees with a detailed review of anxiety related symptoms in children and adolescents. The presenter will discuss behaviors that are often common in anxiety disorders and discuss what parents should do if they are concerned about their child's emotional state. Additional strategies and easy to implement techniques to use when working with, or raising a child or adolescent with anxiety related symptoms will be discussed. All strategies can be implemented both at school and home.

## Engaging Students and Maintaining Safety: A Toolkit for Parents and Caregivers of Students with Disabilities

2

**Date:** April 30, 2020

**Time:** 11:00am - 1:00pm EST

**Location:** Virtual Webinar (link will be provided at registration)



### REGISTER FOR THIS SESSION:

[https://UFHJax.zoom.us/webinar/register/WN\\_8hZCWqtDTfScQII8bBhTIg](https://UFHJax.zoom.us/webinar/register/WN_8hZCWqtDTfScQII8bBhTIg)

In light of the virtual learning environment that many students and families now find themselves in, the UF Health CARD & FDLRS-MDC programs in Jacksonville present a parent lunch and learn, "Engaging Students and Maintaining Safety: A Toolkit for Parents and Caregivers of Students with Disabilities." This presentation will provide an overview of educational labels and medical diagnoses that affect student attention, cooperation, and engagement. Attendees will be provided with strategies to help keep their student engaged in the home or virtual learning environment. The presenter will discuss areas that are commonly susceptible to student harm, both in the home and community settings. Appropriate safety techniques will be shared with participants.

## About the Presenter

### Marlena Jenkins, M.S., BCaBA

Marlena is a board certified assistant behavior analyst with over 15 years of experience working with students with developmental, cognitive and behavioral diagnoses. Marlena holds a Master's degree in Developmental Disabilities, a Bachelor's Degree in K-12 Special Education. She has served as a private school administrator and educational consultant. Marlena currently coordinates the Pediatric Assessment and Intervention Program (PAIP), the Multidisciplinary Assessment Team (MDAT) through the University of Florida Neurodevelopmental Pediatric & Autism Center. In addition, she serves as Lead Clinician for the UF Jacksonville Florida Diagnostic Learning & Resources System-Multidisciplinary Center (FDLRS-MDC). Marlena is knowledgeable in the areas of school recommendations, special education law, parent and provider training, and outpatient therapeutic services.

Marlena enjoys training parents and educators in order to improve the outcomes for students.